

55, Kastoros Str. Piraeus 185 45 T: +30 211 888 1000 F: +30 211 888 1039 www.alphamrn.com

No.	Training Courses
1.	Avoidance of "Magic Pipe" cases in USA and other areas - Environmental
	Compliance Plan (ECP)
2.	Behavioural Based Safety (BBS)
3.	Behavioural Competency Assessment Training for Assessors
4.	Communication, Diversity & Teambuilding
5.	Company Security Officer & ISPS Code
6.	Counseling
7.	Cyber-Security
8.	Developing Problem Solving, Critical Thinking and Decision-Making Skills
9.	DPA – Responsibilities and Qualifications
10.	Emergency Procedures and Response
11.	Effective Communication – Communicating, Influencing and Motivating People
12.	Garbage Management Plan (GMP)
13.	HSQE Management System Implementation – Internal Auditor
14.	Incident Investigation and Root Cause Analysis
15.	Interview for Hiring & Performance Appraisal Training
16.	Inventory of Hazardous Material (IHM)
17.	ISM Implementation & ISM Internal Auditor
18.	ISO 14001 Implementation & Internal Auditor
19.	ISO 50001 Implementation & Internal Auditor
20.	ISO 9001 Implementation & Internal Auditor
21.	ISPS Implementation & ISPS Internal Auditor
22.	Leadership Seminar - Facilitating Competencies, Performance and Best Practices
23.	Management of Change
24.	Management of Resources and Personnel
25.	Management, Leadership & Accountability
26.	Managing People from Diverse Cultural backgrounds in Shipping
27.	Maritime Labour Convention (MLC 2006)
28.	Maritime Security Awareness – ISPS Code
29.	MARPOL Training – All Annexes
30.	Media Response Training



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No.	Training Courses (continued)
31.	Monitoring, Reporting and Verification (MRV) of CO2 emissions
32.	Navigational Audits
33.	OHSAS 18001 and ISO 45001 Implementation & Internal Auditor
34.	Oil Record Book Part I
35.	Oil Record Book Part II
36.	Preparation for PSC Inspections and Recommendations to Avoid Detainable
	Deficiencies
37.	Presentation, Communication & Negotiating Skills
38.	Risk Assessment & Risk Management
39.	SHELL Safety Campaigns: Understanding and implementing Leadership,
	Reflective Training, Learning from Incidents (LFI) and Learning Engagement Tool
	(LET)
40.	SHELL: Resilience
41.	Ship Energy Efficiency Management (SEEMP)
42.	STCW 2010 Amendments and Implementation
43.	Superintendent Training Course
44.	TMSA 3 Awareness, the Oil Majors Perspective
45.	Train the Trainer
46.	Vetting Inspections (Tankers) – as per VIQ / SIRE Requirements
47.	Vetting Inspections (Bulkers) – as per Rightship Requirements (Vessel)
48.	Vetting Inspections (Bulkers) – as per Rightship Requirements (Vessel)
49.	VGP - Awareness and Training
50.	VOC Management Plan
51.	Understanding and Developing Organizational Culture in Shipping
52.	Work Permits – Hot work, Enclosed Space Entry, etc.